



HAPPINESS AT WORK

THE MOST NATURAL THING IN THE WORLD.
HAPPINESS AT WORK PAYS OFF.



FOR
YOURSELF

WHEN YOU ARE HAPPY, YOU ARE:
HEALTHIER, MORE VITAL, MORE CHEERFUL,
MORE SOCIAL AND MORE SUCCESSFUL

FOR ORGANISATIONS: HAPPIER EMPLOYEES ARE MORE
INVOLVED, MORE PRODUCTIVE, MORE COOPERATIVE,
MORE CREATIVE AND MORE INNOVATIVE.

THEY ARE LESS LIKELY TO CALL IN SICK AND THERE IS A DECREASED
CHANCE THEY WILL EXPERIENCE A BURNOUT.

HAPPINESS AT WORK IS ABOUT MEANINGFUL WORK,
HEALTHY RELATIONSHIPS, DEVELOPMENT AND

HAVING
FUN



AND ABOUT STOPPING UNNECESSARY
RULES, POWER, COMPLICATED PROCESSES
AND PROCEDURES, ABSENTEEISM

UNMOTIVATED COLLEAGUES AND TERRIBLE MANAGERS.

LET'S CREATE A WORKPLACE TO STIMULATE FUN, APPRECIATION
POSITIVE FEEDBACK, AWESOME CHALLENGES, TRUST,
MEANINGFUL RESULTS AND OWN RESPONSIBILITIES

LET US, AS EMPLOYEES, EMPLOYERS
ENTREPRENEURS, ORGANISATIONS AND ESPECIALLY AS



HUMAN BEINGS WORK

TOGETHER TO MAKE HAPPINESS AT WORK
THE MOST NATURAL THING IN THE WORLD.

Together we can make a difference. Are you in?

Sign the manifesto on
www.internationalweekofhappinessatwork.com

I believe happiness at work is important and
therefore I signed the happiness at work manifesto
on www.internationalweekofhappinessatwork.com
Are you in?



www.internationalweekofhappinessatwork.com
A Happy Office initiative