This award leaf has been presented to

for understanding what
feelings are

This award leaf has been presented to

for understanding what it means
to cope

This award leaf has been presented to

for understanding how my
feelings can make me behave

This award leaf has been presented to

for understanding how to manage
my feelings

This award leaf has been presented to

for understanding how to
help myself feel better

This award leaf has been presented to

This award leaf has been presented to

for understanding what coping skills can be used in schools

This award leaf has been presented to

for knowing how to access positive coping skills

COPING SKILLS

ASSETS
Award leaves

FS

LAUGHOLOGY
HAPPY-CENTRED
SCHOOL PROGRAMME

This award leaf has been presented to

for understanding of how to use
coping skills outside school

This award leaf has been presented to

for showing an understanding
of growth mind-set language

This award leaf has been presented to

for understanding positive
language for coping skills

This award leaf has been presented to

for understanding positive
language for growth mind-set

This award leaf has been presented to

for knowing how to help others
feel better

This award leaf has been presented to

for understanding how to plan
ahead and manage future
challenges

COPING SKILLS

ASSETS
Award leaves

FS

LAUGHOLOGY
HAPPY-CENTRED
SCHOOL PROGRAMME

This award leaf has been presented to

for recognising what skills can be used to help feel in control and positive

This award leaf has been presented to

for showing an a great understanding of coping skills

This award leaf has been presented to

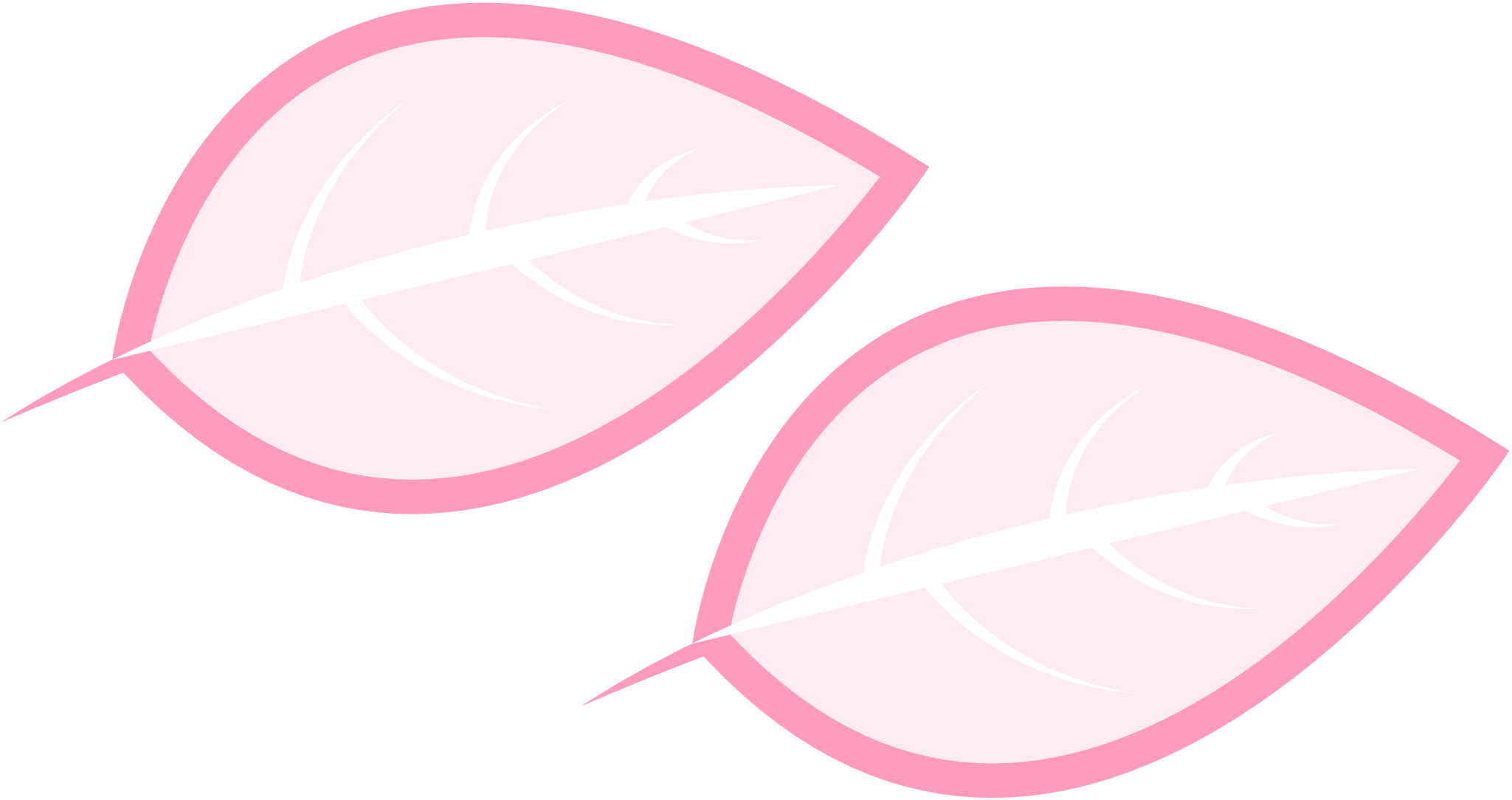
This award leaf has been presented to

COPING SKILLS

ASSETS

Award leaves

FS

LAUGHOLOGY
HAPPY-CENTRED
SCHOOL PROGRAMME

LAUGHOLOGY